ECHIP BOARD OF DIRECTORS MEETING

MINUTES – 5/11/2022 – 3:00 PM – FULL ZOOM MEETING

**ATTENDEES:** Walter Willett, Larisa Carr, Mike Wilkinson, Joni Weglein, Nancy Cole, Joseph Spurgeon, Lisa Hancock

**The meeting was called to order by Walter Willett at 3:04 PM.**

**Approval of Minutes:**

**MOTION:** Mike Wilkinson

**SECOND:** Joni Weglein

**VOTE:** Unanimous

**ABSTENTIONS:** None

**ITEM #1: Additions to the Agenda**

* Walter recommended addition to agenda: Covid testing coverage
  + **MOTION TO ADD**: Joni Weglein
  + **SECOND:** Nancy Cole
  + **VOTE:** Unanimous
  + **ABSTENTIONS:** None
* Covid testing extended through July 15th – ECHIP under reimbursement model; anyone purchasing tests out of pocket can submit receipt for reimbursement

**ITEM #2: ECHIP 10 Years Later**

* October 1st of 2010 the public act went into effect & ECHIP launched on July 1st of 2012
* Wellness committee launched Sept. 2012
* January 2013, hired Stop Loss brokers and went out to bid, negotiated for pharmacy rebates
* March 2013, Wellness Committee held first health fair with biometric screening through Eastern Highland Health
* June 2013, held first annual board meeting
* 2013/2014, negotiated with Cigna to return impressed security deposit
* March 2014, Wellness Committee held second health fair
* 2014, presented at the legislative office building to the Moore Commission
* 2016, started collaborating on dental
* ECHIP Wellness Committee commercial
* 2018, Thanks to Mike Wilkinson, awarded Prague Intertown Collaboration Award presented at Tolland but represents Tolland, Coventry, Plainfield & Putnam – 4 communities working together to cut and contain costs on employee health benefits
* 2018/2019, ECHIP went live with EAP (Employee Assistance Program)
* August 2019, Wellness Committee held scavenger hunt over summer
* 2019/2020, Covid Hit - ECHIP ramped up virtual & administrative connections and went 9000%+ on virtual platform
* Fall & Winter 2020, Wellness Committee provided 256 screenings
* January 2021, Joe Spurgeon and Ashley helped to host Winter Wellness activity with 176 participants
* April-June 2021 – Held 8-week optimal health challenge with Wellness Concepts, with 96 participants
* January 2022, finished with Med Bill management on medical pharmacy review – 1st ECHIP has had
* March-April 2022, had successful CIMT employee scan, scanned 196 employees

**ITEM #3: Stop Loss Carrier Change**

* Everest RE is shifting in service model – moving away from direct routes and into collaborations, increase was very high
* Went to market and received many competitive quotes
  + Recommendation is to go with Optum (-4.63%)

**MOTION TO MOVE ECHIP STOP LOSS COVERAGE TO OPTUM EFFECTIVE JULY 1, 2022, ELIMINATING EXPERIENCE REFUND RIDER AND ADDING 50% RATE CAP –**

**MOTION:** Joni Weglein

**SECOND:** Mike Wilkinson

**VOTE:** Unanimous

**ABSTENTIONS:** None

**MOTION FOR ECHIP GROUP TO HOLD SAVINGS UNTIL BOARD MEETS IN JUNE TO EXPLORE POSSIBLE STOP LOSS OPPORTUNITY –**

**MOTION:** Mike Wilkinson

**SECOND:** Lisa Hancock

**VOTE:** Unanimous

**ABSENTIONS**: None

**ITEM #4: Updated ECHIP Renewal**

* December and March, most projections improved over November projection
* Cigna projections – uses an overall underwriting adjustment for all of CT public sector clients

**ITEM #5: ECHIP Administrative Budget**

* Budget will be discussed during the June meeting

**ITEM #6: ECHIP Wellness Update – Larisa**

**- Virtual Health Fair May 19th – 26th**

**- Everside Health Clinic**

**- Cigna Onsite Dental Clinics**

**- Calling All Wellness Champions**

**ITEM #7: Adjournment:**

**MOTION:** Walter to adjourn the meeting

**SECOND:**

**VOTE:** Unanimous

**ABSTENTIONS:** None